



Iontaobhas Scoileanna Éamainn Rís
Edmund Rice Schools Trust

Raising the Flag for the Unique Spirit of Meánscoil Iognáid Rís (Naas CBS)

On Friday the 5th May, the students of Naas CBS raised a new, specially designed flag to celebrate the unique spirit of the school and to mark the start of a focus on positive mental health for students.

The new Edmund Rice Flag, which incorporates the crest of Naas CBS, is also being raised across the country by the 95 schools who are also members of the Edmund Rice Schools Trust (ERST).

May 5th is marked as Edmund Rice Day across the ERST network of secondary and primary schools. The day is celebrated by the network, including Naas CBS to focus on the core values of equality, diversity, student wellbeing and social justice.

This year, the focus of Naas CBS and the network is positive mental health within the student community. Over the coming year, students, working with their teachers, are being encouraged to initiate and develop activities and programmes to spread the word that mental health matters and that it is important that students who may be feeling worried or anxious can share their concerns within their school environments and look for support.

“We are constantly working to ensure that Naas CBS is a positive, welcoming, learning home for all of our students,” said Principal Ben Travers. Edmund Rice Day gives us an opportunity to celebrate the inclusive spirit of our own school and the spirit of the network we belong to.”

“We know that life can be stressful at various times for young people. They can have concerns, worries, and difficulties that they have to cope with that can impact on their confidence, their ability to learn and on their mental and physical wellbeing. At Naas CBS, we strive to create a caring and safe environment for all students where they know that they can raise concerns or worries they may have and that they will be supported to thrive physically and mentally.”

The Edmund Rice Schools Trust is one of Ireland’s largest networks of schools, with 95 voluntary schools working to inspire and motivate over 37,000 students.